

"We do not know how to pray as we ought, but the Spirit helps us in our weakness and intercedes with sighs too deep for words." (Romans 8:26)

Many want to deepen their lives of prayer, but sometimes don't know how to start. Others may desire help in leading others in prayer. Still others may wish to widen their horizons of understandings of prayer.

Our day will begin and end with prayer services. Synodical leaders will offer reflections on their understanding of prayer and how they pray. There will be a number of workshops on prayer, especially ones that help expand our understandings of prayer. A light breakfast and lunch will be served; a T-shirt is included in the price.

Saturday, March 22 • 10:00 am - 3:00 pm • The Wartburg, Mount Vernon • \$15 Register at www.mnys.org/events/teachustopray

We hope that this workshop will...

- Nurture an expansive understanding of prayer, revealing that prayerfulness can infuse all manner of activities and practices.
- Help to alleviate some of the concern and maybe even guilt that people commonly experience in their prayer life.
- Call attention to our synodical vision to prayerfully live more deeply into and out of the means of grace.
- Motivate participants to creatively plan for how they will enact the Pentecost Weekend of Prayer in their own local settings.



And there's more – Vision for a Synod-Wide Pentecost Weekend of Prayer in 2014:

We envision that the people, congregations, ministries, clusters, conferences of our synod—from the Hudson Valley and all points north, the five boroughs of NYC, to the farthest points of Long Island—will convene diverse occasions for prayer on Pentecost weekend, June 7 (Vigil of Pentecost) and/or June 8 (Day of Pentecost), 2014 to pray in various formats for the Holy Spirit's guiding us more deeply into faith for the mission to which God calls us. As on the Day of Pentecost, when Jesus' followers spoke in the languages of many nations but were united in the power of the Spirit, we envision that on Pentecost weekend 2014, the diverse people of the Metropolitan New York Synod will be united in prayer for the mission and ministry we share.