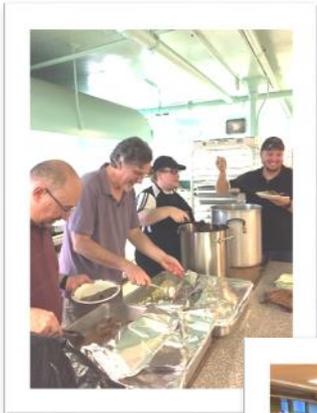


The Lutheran Contact

October 2019

Maria Knight, Editor



SAUERBRATEN DINNER

Much appreciation to all whose efforts made the annual Sauerbraten dinner one of the favorite events of the year. Everyone was too busy enjoying the food and fellowship to take any pictures this year- so here are some photos from past dinners. Thanks for the delicious memories !
Be sure to make your reservations for Oktoberfest, October 19th.

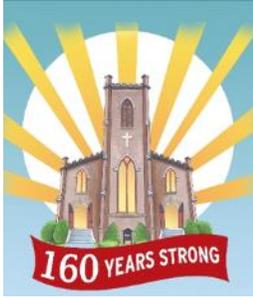


Eric Hepp and the entire FELC family gave a warm welcome to former Choir director Sarah Johnson who visited recently along with fellow Eastman School of Music student Josh.



First Evangelical Lutheran Church

325 Mill Street
Poughkeepsie, NY 12601



The Reverend Deborah Hafner DeWinter—Pastor

Deacon Peter Slingerland
Mr. Eric Hepp—Music Director
Mrs. Maria Knight—Office Administrator

The Reverend Paul Egensteiner Bishop-Elect
Metropolitan New York Synod of the ELCA <http://www.MNYS.org>

The Reverend Elizabeth A. Eaton, Presiding Bishop
Evangelical Lutheran Church in America <http://www.elca.org>

Contact us: Office Phone: 845-452-6050
Website: www.firstlutheranpok.org E-mail: office@firstlutheranpok.org
Follow us on FaceBook: www.facebook.com/FirstLutheranPok

The Rev. Deborah Hafner DeWinter

Contact Information:

845-452-6050 (Church) 516-650-2826 (Cell)
Email: PastorDeborah86@aol.com

Pastor is always available in case of emergency.
Please call the church office or Pastor directly
to schedule an appointment or a home visit.

FELC Congregational Council

Council Officers for 2019

President	Beth Collins	(845) 473-6610
Vice-President	Karen Butts	(845) 240-4111
Treasurer	Kurt Bastian	(845) 454-8298
Financial Secretary	Chris Collins	(845) 473-6610
Council Secretary	Bill Nicoll	(845) 337-4598

2019 Council Members

Rosemary Compton	(845)452-0431
Linda Connors	845) 454-4696
Will Frank	(845) 702-8363
Nancy Slingerland	(845) 204-6206
Alison Matos	(914) 447-5625
Diane Wood-Miller	(845) 575-6711

Pastor's Message

"For all who exalt themselves will be humbled, and those who humble themselves will be exalted." -Luke 14:11

Dear Friends in Christ,

Thank you to our Deacon Peter Slingerland, and to our dear friend, Rev. Arlene Wilhelm, for shepherding the First Lutheran flock in my absence and leading worship on the two Sundays I was away on vacation. As most of you know, I had the privilege of returning to Geneva, Switzerland to stay with friends from the United Nations and to renew friendships with former colleagues from my days as a consultant with the United Nations High Commissioner for Refugees (UNHCR) and as a staff member of the World Council of Churches. But my primary purpose for being in Europe was to attend a reunion of my secondary school classmates from King George the Fifth School (KGV) in Hong Kong. Some of us had been in touch over the years, but for others of us, it was the first time we had seen each other in 49 years! And it was just wonderful how we could pick up where we left off and feel the old friendships reactivating, deepened, somehow, by the passing of years and the hard-earned wisdom gleaned through an amazing variety of life experiences.

Continued>

I spent the whole time away feeling incredibly humbled by the privilege of having this rare opportunity to reconnect with people I love and have missed over the years. As we greeted each other around the traditional round table of a SoHo restaurant in London's Chinatown, we searched each other's eyes to reassure ourselves that yes, our 17 and 18 year old selves were still there, locked safely inside those wrinkly faces and slower-moving bodies. The evening was characterized by JOY! And also tinged with a poignancy stemming from the dramatic struggle for democracy happening simultaneously in the beloved home of our youth: Hong Kong. Some of us had hoped for a 50th reunion back in Hong Kong in 2020; now we are uncertain about what comes next.

And then there was the uncertainty of the local Brexit struggles going on in Parliament and the divisions it has caused throughout Great Britain echoing the current political divide in the USA. Thankfully, we did not spend much of our precious time talking about divisions. We focused on each other, our families, our life stories, our sorrows and joys; our deep appreciation for the years we spent together at KGV and in Hong Kong. We talked about the lack of divisions in our school – precisely because of our diversity as a student body. When just about every one of us came from a different part of the globe, how in the world would you even begin to grasp the meaning of xenophobia? We felt humbled, together, by the gift of our upbringing...Humbled and so incredibly grateful!

On Sunday, September 1, 2019, I worshipped at Westminster Abbey. Accorded a courtesy I was not expecting as a visiting member of the clergy, I was escorted to the ornately carved quire (choir) stalls (the section where the Royal Family sits on famous occasions such as royal weddings and funerals) near the high altar and only feet from the choir for this sung service. I thought I had died and gone to heaven! The music was glorious; the setting unbelievable; and the homily, based on Luke 14: 1, 7-14 by The Rev. Christopher Stoltz, I thought, was excellent and timely. So, of course, I took notes.

Rev. Stoltz, (the "Minor Canon and Precentor") spoke about how, in recent society, there has been a shift from a culture of self-denial to a culture of self-promotion. The new mantra is "all about me." But in a world of overwhelming needs, Rev. Stoltz cautioned, humility must be the foundation for the spiritual life necessary for the advancement of holiness in our daily lives. In order to imitate Christ, we must grow in humility. And then he quoted some steps for how to grow in Christ-like humility that he had once heard: *1. Be thankful. 2. Be self-critical before God, as genuinely humble people have a sharp moral compass. 3. Be compassionate with yourself in true humility. 4. Do not worry about status. 5. Use your sense of humor, because in the end, we are all infinitesimally small in God's universe.*



The homily ended with a quote from St. Augustine:

"If you should ask me what are the ways of God, I would tell you that the first is humility, the second is humility, and the third is humility. Not that there are no other precepts to give, but if humility does not precede all that we do, our efforts are fruitless."

Our world needs more humility, as Jesus, by the example of his life and death taught us. Our worldly leaders need more humility, as 16 year-old Greta Thunberg, the Swedish climate advocate, has shown us through her humble leadership, courage and sacrifice. I need more humility in my daily walk of faith. Because it isn't all about me, or you, or our political leaders. It is all about Christ's sacrifice for our sakes: GRACE!

In the unity of Christ,

Pastor Deborah

SPECIAL GIFTS

Received with thanks 9/01/19 —9/ 22/19

Blanket Sewers

Joan Cohen

Capital Campaign—Tie Rods

*Bill & Carol Rohde
Rosemary Compton
Diane Wood Miller*

Friends of FELC

Elinore Haverkamp

Habitat Faith Build

*Jean Vandenbrul
Slingerlands*

Memorial Gifts

In memory of Lois Hoger
Elizabeth Hoger, East Lansing, MI.

Lutheran Disaster Response Hurricane Dorian

*Kurt Bastian, Theresia Kizina,
Diane Wood Miller, Nicolls*

Organ Fund

Kurt Bastian
In honor of Eric Hepp's Birthday
*Rosemary Compton
Scott and Nancy Compton*

Summer Match

*Diane Wood Miller,
Lorna Davis, Nicolls*

Thank Offering

For Pastoral Care at LCC
Deirdre Brey and Maria Rigby



- 02 Linda Connors
- 03 Eunice Merte
- 06 Karoline Flick
- 07 Norma Rudloff
- 08 Sheri Polgrean
- 12 Elinore Haverkamp
Theresia Kizina
- 16 Cara Carbone
- 20 LeRoi Armstead
- 29 Hans Burkhardt
Frieda Popp

*"Our faith is a living, busy, active, mighty thing."
Martin Luther*

SOCIAL ACTION

Donation request for St. Paul's Food Pantry in the month of October- canned vegetables

Thank you for your generous support



When you shop online at AmazonSmile, Amazon donates 0.5% of the purchase price to First Evangelical Lutheran Church.

Bookmark the link :
<http://smile.amazon.com/ch/14-6003263>
and support us every time you shop.

FELC ANNUAL AUCTION Saturday NOVEMBER 9th 2019 at 4:00 PM

Even though November seems a long time away, planning needs to start early for a successful auction. The Auction Committee has begun to collect some great items lined up for bids including tickets to the Bardavon Theatre and gift certificates to some great local restaurants as well as tickets to a Broadway show!



Due to prior success and popular demand, the Penny Social will be part of the auction fun again this year. Maria Knight is co-ordinator. Please contact her in the church office with any questions or donations

HERE IS HOW YOU CAN PARTICIPATE

PROMOTION: Everyone can help promote the Auction. We ask everyone to personally invite your friends and neighbors. The more people attending, the merrier, and in this case the bigger the profit.

DONATIONS: What is an Auction without great items to bid on? We ask your assistance in obtaining interesting, exciting and valuable items for bidding. You might ask a restaurant you frequent for a gift certificate, or your florist to donate an arrangement. Personal care certificates are always welcome– such as a nail salon certificate for manicure/pedicure, or a perm or cut and dry from your hairdresser? The hardware store might donate a tool or other material, the local wine shop may give a basket of cheer. Garden center might donate a gift certificate, a shrub or a flat of flowers. Services are another category of item. Ask others or volunteer yourself to offer a spring or fall clean up, baby sit, food items, make and deliver a meal, host a brunch, tea, dinner, snow plowing or contribute that special craft you are skilled at. I know you can come up with many more ideas. We have auction packets available in the church office with fliers, letters you can use to present to businesses when requesting donations as well as thank you letters for donations received, which can be used for tax purposes.

ATTENDANCE- Mark your calendars for **Saturday November 9th, 2019 at 4:00 PM** and make sure to attend and bring a friend or two. We will need helpers on auction night as well. If you can assist, please call Carol Reichert (2068528) Linda Connors (454-4696) or Nancy Compton (452-0431). Thanks in advance for your assistance in making this our most successful auction ever!



The Installation of Our Synod Bishop Paul Egensteiner

Cathedral Church of Saint John the Divine
1047 Amsterdam Ave, New York, NY 10025

Saturday, November 16, 2019 | 2:00 pm

All Are Welcome!

The election of a new bishop is reason to celebrate. It is important to remember that in addition to serving in and on behalf of our synod, our newly elected bishop serves on behalf of the whole Evangelical Lutheran Church in America. Therefore, we welcome Presiding Bishop Elizabeth Eaton, who will preach and preside. In worship, as we install Bishop Egensteiner, we will celebrate Christ's presence in Word and Sacrament.

Our Synod enjoys God's blessing of rich diversity, for we are united in Christ. Participants are encouraged to wear clothing reflective of their culture. Children are wanted and welcome to attend. Reception to be held at the Cathedral immediately following the service.

Kindly RSVP at mnys.org/installation

LUNCH 'n LISTEN

Our 34th Lunch & Listen concert season got off to a great start on September 4th with Eric Hepp's playing an "Almost All Bach" program. It was fabulous !



We are dancing for joy to welcome the **Walker Family Band** to Lunch & Listen, on Wednesday October 2nd, after the cancellation of the Fall Piano Parade. Pianist Ariana Barkeshli will return for a concert in November. Please join us !

Many thanks to this month's L&L team, including Kurt Bastian, Joan Cohen, Scott Compton, Lorna Davis, John and Maria Knight, Frieda Popp, Susan Russell and Diane Wood Miller.

All L&L concerts are free, open to the public and begin at noon. Bring a lunch to eat in Fellowship Hall before the concert. Coffee and tea are provided. After the concert, all are invited to return downstairs for a reception to meet the performers and enjoy delicious home baked goodies.

See you October 2nd and November 6th Catch the Spirit ! **Carol**

The 34th season of free Lunch & Listen noontime concerts:

- | | |
|---------|---|
| 10/2/19 | The Walker Family Band - NEW ! |
| 11/6/19 | Ariana Barkeshli—Piano Concert |
| 12/4/19 | "Jazz Style" Marlene Golia-vocals, Gretchen Gould-piano |
| 1/8/20 | Golden Age Singers |
| 2/5/20 | Souls United of the Hudson Valley |
| 3/4/20 | Hyde Park Chamber Ensemble |
| 4/1/20 | Marta Elena Knapp—Soprano |
| 5/6/20 | Kevin and Carol Becker with Rich Keyes- folk music |
| 6/3/20 | Helen Avakian and Terry Champlin - singer/songwriter/guitarists |



Website: <https://firstlutheranpok.org/lunch-n-listen/>

New York Theatre Organ Society & AGO (Hudson Valley Chapter)

Present: **"Bach to Broadway"**
Two organs, Two organists...All Fun !

Featuring Nathan Avakian and James Fitzwilliam performing
on NYTOS Traveling Allen Theatre Organ
and the Grass-Miles Pipe organ

Saturday, October 5th at 7:30 pm

Christ Episcopal Church,
20 Carroll St, Poughkeepsie, NY 12601

Tickets at the door. Suggested donation \$15; students free



SUNDAY SCHOOL October 13

Christian Education Teachers
Shirley Mowell and Barbara
Giangaspro warmly welcome
our students to a monthly
class of learning and growing
in faith- with fun !



Oktoberfest at FELC

Saturday October 19th at 6:00pm

*Menu: Roast Pork and Sauerkraut, Dessert,
Hot and Cold Beverages*

\$15.00 All Adults

\$8.00 Children ages 6-12, under age 6 -free

Please make your reservations no later than Friday October 11th

Contact the Church Office by phone (845) 452-6050 or email: office@firstlutheranpok.org



REPAIR CAFÉ and "sPOKe" BIKE RESCUE

Saturday October 12th from 9:00am-12:00pm



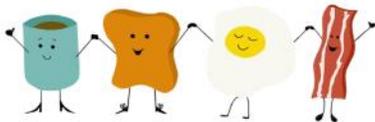
Bring in your broken treasures for fix-it help and advice!

At the Repair Café, you'll find tools and materials to help you make any repairs you need on clothes, furniture, electrical appliances, bicycles, crockery, appliances, toys, and more! You will also find repair specialists/coaches such as electricians, seamstresses, carpenters and bicycle mechanics.

Even if you have nothing to repair, you can come and enjoy a cup of tea or coffee and a cookie, or you can lend a hand with someone else's repair job. You can also get inspired at the reading table - by leafing through books on repairs and DIY.

For more information: <http://repaircafeHV.org/> <http://www.repaircafehv.org/poughkeepsie>

Or find us on Facebook: Repair Cafe Poughkeepsie <https://www.facebook.com/repaircafepoughkeepsie/>
Facebook Event Page <https://www.facebook.com/events/2198702067071568/>



FELLOWSHIP THURSDAYS

Fellowship breakfasts are held every other Thursday mornings,
9:00 a.m. at the **Acropolis Diner, 829 Main St., Poughkeepsie**

We will meet for Breakfast on October 10, 24 and November 7.

Table Talk/ Pub Nights on Thursdays: October 3, 17 and 31.

at Schatzi's Pub and Biergarten 202 Main St. P'ok. (weather permitting- rain location TBA)

Beverages and food are available for purchase.

*All are welcome to come for fellowship in the
tradition of Martin & Katie Luther who loved to
have conversation with friends around the table.*

Please join us and bring a friend!

Please RSVP by 2pm on Thursday if you plan to attend so we can make reservations, or notify you of last minute changes



October 2019

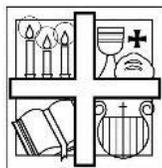


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Church Council 6:30pm	4 <i>LCC Chapel Service @10:15am</i> Lunch & Listen Concert 12:00 Noon New Deliverance Church of S&P 7:30-pm -9:30pm	3 "Pub Night" Schatzi's - 6:00pm	4	5
6 Worship & Communion 10:00am@FELC Invite-a-Friend Sunday <i>Service of HC @LCC -2:00pm</i> New Deliverance Church of S&P 12:30-5:30pm	7 FELC Blanket Sewers 10:00am-2:00pm	8	9 <i>LCC Chapel Service @10:15am</i> New Deliverance Church of S&P 7:30-pm -9:30pm	10 Breakfast Fellowship @9:00am - Acropolis	11	12 9:00am-12 noon Repair Café' & sPOke Bike Rescue
13 Worship & Communion 10:00am@FELC Welcoming the World Sunday Sunday School for Children <i>Service of HC @LCC -2:00pm</i> New Deliverance Church of S&P 12:30-5:30pm	14 FELC Blanket Sewers 10:00am-2:00pm	15	16 <i>LCC Chapel Service @10:15am</i> New Deliverance Church of S&P 7:30-pm -9:30pm	17 "Pub Night" Schatzi's - 6:00pm	18	19 OKTOBERFEST 6:00pm
20 Service of the Word 10:00am@FELC <i>Service of HC @LCC -2:00pm</i> New Deliverance Church of S&P 12:30-5:30pm	21 FELC Blanket Sewers 10:00am-2:00pm	22	23 <i>LCC Chapel Service @10:15am</i> New Deliverance Church of S&P 7:30-pm -9:30pm	24 Breakfast Fellowship @9:00am -	25	26
27 REFORMATION Worship & Communion 10:00am@FELC <i>Service of HC @LCC -2:00pm</i> New Deliverance Church of S&P 12:30-5:30pm	28 FELC Blanket Sewers 10:00am-2:00pm	29	30 <i>LCC Chapel Service @10:15am</i> New Deliverance Church of S&P 7:30-pm -9:30pm	31 "Pub Night" Schatzi's - 6:00pm		

In SERVICE to GOD and YOU

Altar
Lorna Davis

Communion Assistant
Linda Connors



Date	Lector	Flowers	Refreshments
10/06 Invite-a-Friend Sunday	Alison Matos	Linda Connors	FELC Hospitality
10/13 Welcoming the World Sunday Sunday School	Chris Collins	Frieda Popp	Comptons
10/20 Service of the Word Carol Reichert	Susan Polgrean	Joan Cohen	<i>Please sign up on the clipboard downstairs if you are able to provide refreshments for our weekly Fellowship Hour.</i>
10/27 Reformation Sunday	Nancy Slingerland	Nancy Compton	<i>Homemade or Store bought treats are most appreciated !</i>

Wear Red !

**Dutchess County Interfaith Council's
Annual Gala Award Dinner Thursday November 7th
5:45 pm Reception, 7:00pm Dinner and Award
The Poughkeepsie Grand Hotel and Conference Center.**

*Honoring The Reverend Gail Burger
with the Rabbi Erwin Zimet Humanitarian Award.*

Guest Speaker: Judge Albert Rosenblatt

Reverend Burger earned the distinction of being an outstanding example of selflessness and compassion through her love and devotion to humanity and a life dedicated to a noble path for more than three decades. Reverend Burger served as the Executive Director of DCIC for 15 years.

To purchase Gala tickets and for sponsorship information, visit www.dutchesscountyinterfaith.org or email DCIC at office@dutchesscountyinterfaith.org. For more information please contact the DCIC office at 845-471-7333

**2019 CROP HUNGER WALK
Sunday October 20th
10:00am-2:00pm
Temple Beth-El**



118 South Grand Ave. Poughkeepsie

**DCIC Music Festival
Sunday November 3rd, 3:00pm**

St. Paul's Episcopal Church
161 Mansion St. Poughkeepsie

Be part of the Interfaith Choir; join with singers from congregations throughout Dutchess County. Rehearsals will be held on Sunday evenings beginning October 6th from 6:30-8:15 at St. Paul's.

A LETTER from the CONGREGATIONAL Council

I've always been interested in myths and legends. One of my favorites and one of the most well-known is Arthurian legend, and particularly the legend of Merlin. When I was in middle school, I read a series of books called "*The Lost Years of Merlin*" by T.A. Barron. About 6 years ago T.A. Barron gave a commencement speech at Oxford titled "*The Wisdom of Merlin: 7 Magical Words for a Meaningful Life*," which was later released as a book. Merlin's magical words are Gratitude, Courage, Knowledge, Belief, Wonder, Generosity, and Hope, but an extra word is thrown in as well- Love.

In the Belief section of the book, T.A. Barron speaks about looking in "small, unremarkable places" to find his belief, though he acknowledges that people may find their belief in any number of things or places. When I think of our church, I find my inspiration to believe because of all the wonderful people who give selflessly of their time and energy. T.A. Barron also mentions that it is best to share our belief through our actions, rather than through our words. This is especially resonant with me as we enter the church dinner season and the approaching holiday season when our members are driven to give even more of their time and talents.

The other section of the speech that makes me think of our church is the Love section. This may not be surprising considering a common theme in our sermons is "Blah, Blah, Blah... Love." (Pastor's words, not mine!) In this section, Love is described as "a rope that can stretch itself infinitely." This rope can unite either large or small numbers of people and can encapsulate the world around us as well. At First Lutheran our rope is like the universe, constantly expanding to include our members and our community. We wield our love like our belief- in our actions.

While I may have only mentioned 2 of Merlin's words, I think we could find that each one is applicable to our church in some way. I think T.A. Barron's Merlin would be proud of our members, and perhaps like me he would find his inspiration to believe.

Blessings, *Rosemary*



First Evangelical Lutheran Church
325 Mill Street
Poughkeepsie, NY 12601

**SAVE PAPER, INK and
POSTAGE**

Have your copy of
The Lutheran Contact
sent to you by email.
Contact the church office
with your request.