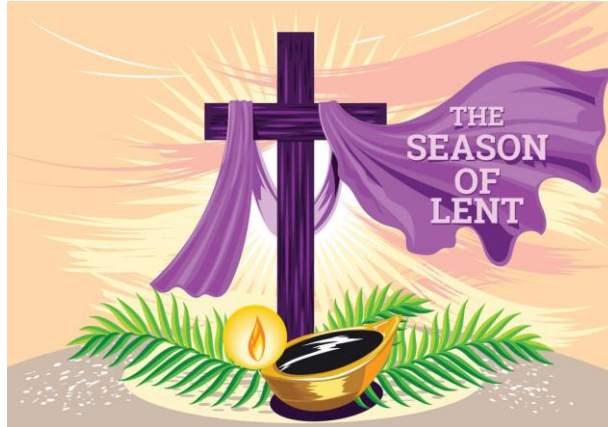


 **THE MESSENGER** 
Ascension Lutheran Church

“Belong, Believe and Become all that God Promises”

Vol. 66, No.6

February 2026



Lent reminds us of one of the most important times for Christians. It is a season marked by solemnity and self-reflection, providing an opportunity to thoughtfully consider our actions and reflect on both the positive and negative aspects of our lives.

The Lent season spans 40 days, starting on Ash Wednesday and ending on Easter Sunday. During this time, it's a good excuse to pray more, reflect on our relationship with Jesus, and renew our personal relationship with our Lord. It's a time for personal reflection, to encounter Him and give reverence to the King of Kings.

Lent is also a time to strengthen our self in our faith and relation with the Lord knowing that with Him everything changes, because while we are in His presence we become more like Him.

Easter, resurrection of the Lord, is like the door is opened for us to understand what salvation through grace is; a gift that we receive through faith, undeserved, given only out of love. That is why Lent is a time of solitude and personal reflection on everything that happens in suffering, death, and resurrection of our Lord.

The miracle happens in the resurrection, which means that we believers also rise with Him.

Pastor Emilce Erato



Mondays

11-12 p.m. Brew a New Life-AA
2/9 Council Meeting 10 a.m.
2/9 & 2/23 Girl Scouts 4-6:00 p.m.

Tuesdays

11-12 p.m. Brew a New Life-AA

Wednesdays

11-12 p.m. Brew a New Life-AA
2/18 11:00 a.m. Ash Wednesday Service
Road to Recovery 7:15-8:30 p.m.

Thursdays

DaySpring Christian Fellowship Church
Prayer Meeting 7-8 p.m.

Fridays

11-12 p.m. Brew a New Life-AA

Saturdays

9-1 p.m. SDA Church-Sanctuary
1-3 p.m in Parish Hall
9-11:15 a.m. Road to Recovery-AA

Sundays

10:00 a.m. Worship service
DaySpring Christian Fellowship Church
11:30-1:00 p.m.



Marilyn Stravinskis 2/7
Stephanie Zuniga 2/9
Bill McGowan 2/17
Eleanor Betz 2/21
Bonny Atkins 2/22
Sally Troscher 2/25



The following need your prayers...

Chuck Albers, Stephanie Baio, Tom Barrett, Teri Biancardi, Tina Bugalia, Terry Cataliotti, Bill Ciampa, Corey Ciampa, Gray Collingwood, Marilyn Dreyfus, Richard Fritz, Brian and Dylan Gasperetti, Hunter George, Kathryn Graven, Joanne Kempel, Ken Kempel, Cynthia Listort, Jane Macchia, Bill McGowan, Chuck Miata, Nicki, Penny Petersen, Jim Quigley, Joseph Randazzo, David Sacks, Schneider family, Dawn Sekeres, Moira Sheldon, Carl Strievski, Court Stevenson, Peter Stevenson, Kevin Sullivan, Sanzio Vagnini, Miriam Valder, Russ Van Tine, Deanna Ventura and Harriet Wheeler.

**FEBRUARY
OUTREACH**



**Lutheran Social Services
of New York**



FINANCES

January:

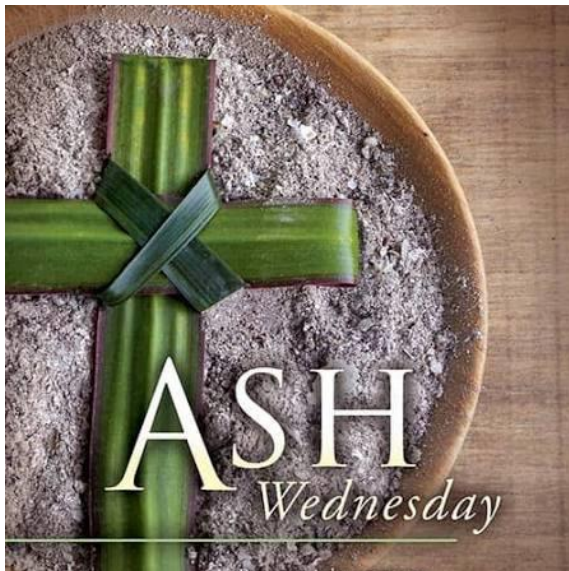
Income - \$ 10,719.64
Expenses - \$ 19,044.58
Deficit - \$ 8,324.94



Shrove Tuesday Pancakes

The origin of Shrove Tuesday comes from the idea of - the night before Lent begins - consuming everything in the household from which one planned to abstain during Lent. We serve pancakes to connect us to the customs of a time when flour, eggs, milk, butter and other food items were all on the Lenten abstinence list. These days we celebrate the evening before Ash Wednesday more as a foretaste of the feast to come at Easter.

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*February 18
11:00 a.m. service*

RELIGIOUS HUMOR

There's a time to speak and a time to be quiet. A perfect example appears in the case of three Christians who appeared at the Pearly Gates just after God determined that there were too many folks in heaven and admittance regulations had to be made more rigorous.

When the first Christian appeared before St. Peter, the angel asked, "What is the meaning of Easter?"

The woman hemmed and hawed, finally saying, "It's a holiday when eggs are colored and..."

St. Peter sent the woman to hell.

The next entrant walked up and asked to be admitted. St. Peter asked the same question:

"What is the meaning of Easter?"

The fellow said, "Well, there's a rabbit and he hops here and there..."

"Go to Hell!" exclaimed St. Peter.

The next applicant, an old man, walked up and was asked the same question. But he

responded, "That's when Jesus was crucified and he arose from the dead and came out..."

"Hallelujah!" exclaimed St. Peter. "A wise and worthy angel!"

"..of the cave and saw his shadow," the old man continued, "it indicated there'd be six more weeks of winter."

-from [A Treasury of Religious Humor](#)

THE LEGACY PROJECT

The Legacy Project celebrates 100 Years of Wisdom. At The Bristol Assisted Living Facility in East Meadow, Lucille Fritz will be honored on February 14 at 4:00 p.m.

Lucille recently turned 100 years young and her family came from near and far to celebrate her momentous birthday.

For this occasion, we invite all Ascension friends of Lucille to help her celebrate this honor.

The Bristol is located at 40 Merrick Avenue, East Meadow, NY.

The event will be held in the Country Kitchen on the third floor.